



BHARATI VIDYAPEETH (Deemed to be University)
School Of Physiotherapy, Sangli

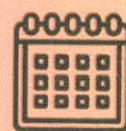
STUDY STRATEGIES & TIME MANAGEMENT



4TH FLOOR, BVDU SCHOOL OF
PHYSIOTHERAPY, SANGLI



10:30AM-11:30AM



1-08-2025



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

CIRCULAR

Date: 01/08/2025

Subject: Guest Lecture on *Study Strategies & Time Management*

Dear Students,

All First Year BPTH students are hereby informed that an Guest Lecture on the topic:

“Study Strategies & Time Management”

Resource Person: Dr. Akshay Chougule

Date & Time: Friday, 1st August 2025 | 10:30 am – 11:30 am

Venue: Seminar Hall, School of Physiotherapy

Attendance is compulsory for all students.

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)




Dr. Sneha Katke

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Bharati Vidyapeeth
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School of Physiotherapy
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

Report on -" Study Strategies & Time Management"

Title of the Activity-" Study Strategies & Time Management"

Venue of the Activity- 4th floor Auditorium, BV (DU) School of Physiotherapy, Sangli

Date of Activity- 1/8/2025

Duration of Activity- 10:30 am -11:00am

Collaborating Agency- Nil

No. of Students Participated- 54

No. of Teachers Participated - 1

No. of Beneficiaries- 54

Details of the Activity with Photographs-

On 1st August 2025, BV(DU) School of Physiotherapy, Sangli organized a guest lecture on "*Study Strategies & Time Management*" from 10:30 am to 11:30 am. The session was conducted by **Dr. Akshay Chougule** (Associate Professor, BV(DU) SOP, Sangli), who delivered a highly practical and motivating talk focused on helping students manage their academic responsibilities more effectively. He shared proven techniques for organizing study schedules, prioritizing tasks, and maintaining focus amidst distractions. The lecture included interactive segments where students reflected on their current habits and learned how to build routines that support consistent learning and stress reduction. Emphasizing the importance of balance, discipline, and smart planning, the session inspired students to take control of their time and academic goals. The coordinators for the event were Dr. Sheetal Swamy (Associate Professor, BV(DU) SOP, Sangli), Dr. Rutuja Phadke (Assistant Professor, BV(DU) SOP, Sangli), Dr. Sayali Jadhav (Assistant Professor, BV(DU) SOP, Sangli). Vote of thanks was given by Dr. Sheetal Swamy (Associate Professor, BV(DU) SOP, Sangli). The event was successful under the guidance of Dr. Sneha Katke (Principal, BV(DU) SOP, Sangli).



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Impact of the Activity-

1. **Better Planning Skills** – Students learned how to organize their study time and tasks more effectively.
2. **Less Stress** – With smart time use, they felt more in control and less overwhelmed by deadlines.
3. **Improved Focus** – Techniques shared in the session helped students concentrate better during study hours.
4. **Higher Productivity** – They discovered how to get more done in less time by avoiding distractions.
5. **Motivation Boost** – The lecture inspired students to take charge of their learning and stay consistent.

***Please tick the Criterion for the activity:**

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Event co-ordinator



Principal

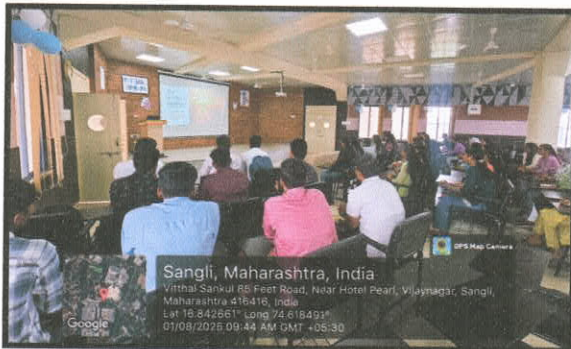
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BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) SCHOOL OF PHYSIOTHERAPY, SANGLI

INDUCTION PROGRAM 2025: Guest Lecture Onstudy Strategies And Time Management



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BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

SCHOOL OF PHYSIOTHERAPY, SANGLI

Date – 1/8/2025

Guest Lecture on – “Study Strategies and Time Management”

Sr. NO.	STUDENT'S NAME
1	BHOSALE SAEED ATUL
2	MASKAR MANASI MARUTI
3	PATIL PRANJALEE AMAR
4	JADHAV ASMITA PRAKASH
5	MOTE SANIKA JALINDAR
6	RAUT JIGISHA DILIP
7	GOLE SANIKA UDAY
8	NIKHARE VARSHITA GIRISH
9	NALAWADE SNEHAL BAPUSO
10	SRUSHTI SANTOSH GONDHALEKAR
11	BHOSALE SANCHITA SUDARSHAN
12	KOLI ANURADHA SAMBHAJI
13	MHETRE ATHARVA SACHIN
14	KADAM PRANITA HANMANT
15	SALI BRID SANTOSH
16	EKUNDE VEDIKA VIJAY
17	MORE ADITYA DILIP
18	HARAWADE VALLARI SUDESH
19	BANKAR SAKSHI GORAKH
20	MALI VISHAL MURLIDHAR
21	BADIGER SANIKA KIRAN
22	MULAKE ADITYA DILIP
23	BHOSALE ANUJA MAHESH
24	MOTE GRISHMA BHAUSAHEB
25	BHORE SRUSHTI AVINASH
26	AWALE PRANAV PRAVIN

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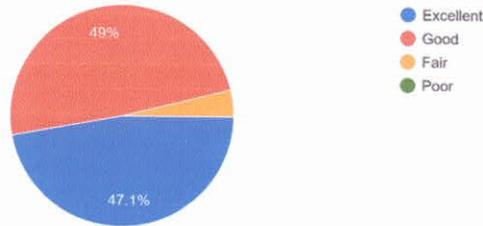
Feedback Form

Date- 01/08/2025

Name of Event: Study Strategies and Time Management

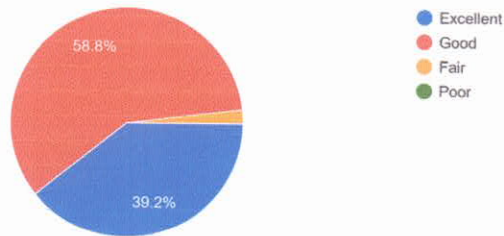
1. How would you rate the overview of the event.

51 responses



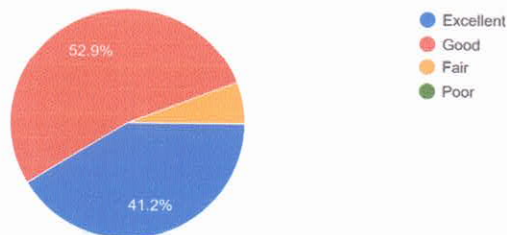
2. How would you rate the interaction between you and the speaker


51 responses



3. How would you rate the arrangements of the event

51 responses




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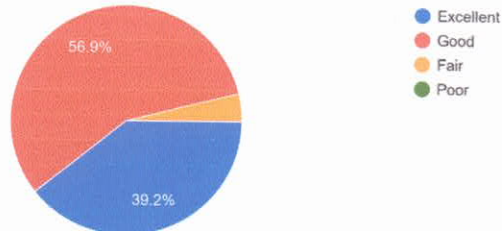
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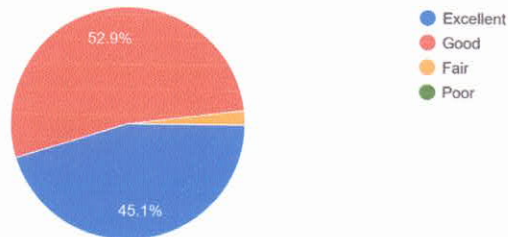
4. How would rate the success of the event

51 responses



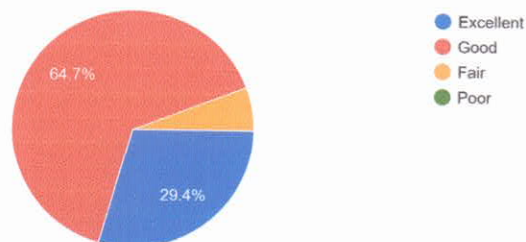
5. How would you rate content and quality of event

51 responses



6. How would you rate queries answered by the speaker

51 responses





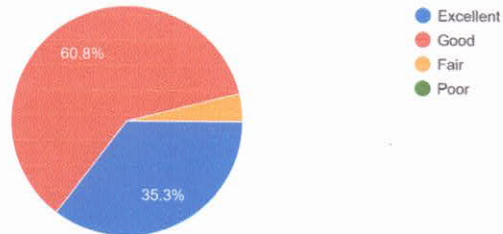
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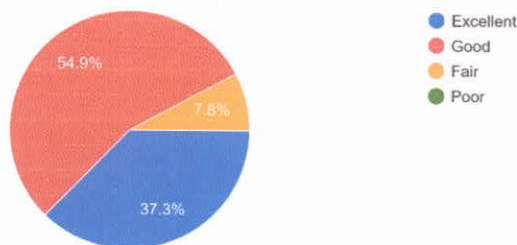
7. How would you rate the preparations of the speakers

51 responses



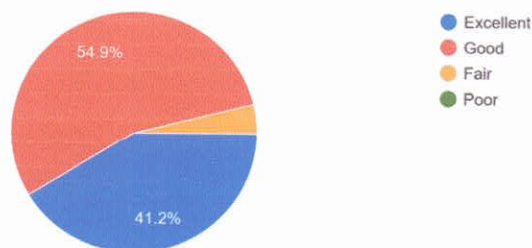
8. How would you rate the knowledge obtained from event.

51 responses



9. please write three words/ expression which describe event.

51 responses





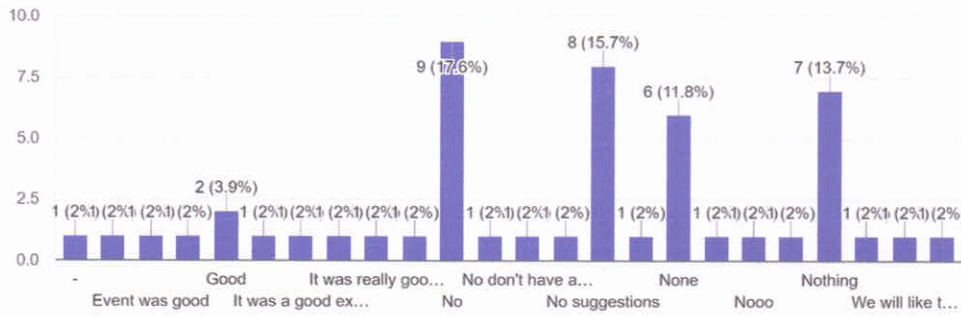
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10. If any suggestion (please specify)

51 responses




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