



# **BHARATI VIDYAPEETH (Deemed to be University)**

## **School Of Physiotherapy, Sangli**

BVDU, School of Physiotherapy Sangli, is providing physiotherapy awareness talks at Sanvedana Old Age home, Vishrambug, sangli.



Topics :

1. Diabetes Mellitus
2. Fall Prevention
3. Importance of Mobility Exercises
4. Mental Health

Herewith all the staff and students are requested for active participation.



Samvedana Old Age home, Vishrambag, sangli.



10:30am onwards



28/03/2025

Contact Person: Dr. Aishwarya Waydande(+91 83810 02784).



**BHARATI VIDYAPEETH  
(DEEMED TO BE UNIVERSITY)  
SCHOOL OF PHYSIOTHERAPY, SANGLI**

**CIRCULAR**

BVDU, School of Physiotherapy Sangli, is providing physiotherapy awareness talks at Samvedana Old Age home, Vishrambag, sangli.

Topics are as mentioned above:

1. Diabetes Mellitus
2. Fall Prevention
3. Importance of Mobility Exercises
4. Mental Health

Herewith all the staff and students are requested for active participation.

Date: 28/03/2024

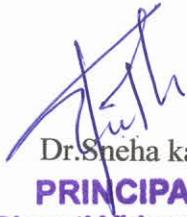
Venue: Samvedana Old Age home, Vishrambag, sangli.

Time: 10.30 am onwards

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)



  
Dr. Sneha katke  
**PRINCIPAL**  
Bharati Vidyapeeth  
(Deemed to be University)  
School of Physiotherapy,  
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**ACTIVITY REPORT**

Title of program/event/course/activity	Awareness talk at <i>Samvedhana Old Age Home</i>
Objective/s of program	To educate elderly residents on maintaining physical and mental well-being through physiotherapy and lifestyle management. To promote awareness about common geriatric health issues such as joint pain, balance problems, and mobility limitations. To provide emotional support and interaction, fostering a sense of community and care.
Date and Time of program	28/3/2025, 10:00 am- 12:00pm
Venue	Samvedhana Old age home, Sangli
Organized by	Bharati Vidyapeeth (Deemed to be University), Pune
If organized in collaboration, name of external institute/body/agency/hospital	-
Program approved by Dean/Principal/HOD/University	Dr Sneha Katke
Name of Program Co-ordinator	Dr. Aishwarya Wayadande
Name of Speaker/ Guest speaker	Dr. Aishwarya Wayadande
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	25
No. of Beneficiaries	20



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**Brief about the program/activity/event:**

Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli organized an awareness talk at *Samvedhana Old Age Home* on 28th September 2024. The session was led by Dr. Aishwarya Wayadande and a team of and BPTTh students. The aim of the event was to educate elderly residents on maintaining physical and mental well-being through physiotherapy and lifestyle management to promote awareness about common geriatric health issues such as joint pain, balance problems, and mobility limitations, to provide emotional support and interaction, fostering a sense of community and care. The key topics discussed included the importance of physical activity in old age, joint care, fall prevention strategies, and breathing exercises. The session also included simple chair-based movements and demonstrations to encourage active aging. 20 elderly got benefitted by the awareness talk.

**Impact of the program/activity/event:**

Residents gained valuable insights into managing age-related physical issues through simple, daily physiotherapy exercises.

The interactive nature of the session helped reduce emotional isolation and enhanced their mental well-being.

The elderly felt more confident about taking small steps to improve their mobility, posture, and balance through self-care techniques.

**\*Please tick the Criterion for the activity:**

<b>Criterion I</b>	<b>Criterion II</b>	<b>Criterion III</b>	<b>Criterion IV</b>
<b>Criterion V</b>	<b>Criterion VI</b>	<b>Criterion VII</b>	<b>Link</b>

**Event co-ordinator**

**Principal**

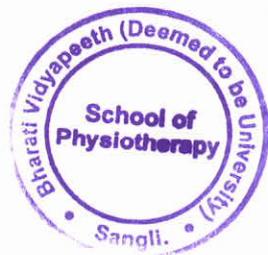
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School of Physiotherapy**



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SCHOOL OF PHYSIOTHERAPY, SANGLI**



  
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School of Physiotherapy,  
Sangli - 416 416.**

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Website: <http://soptsangli.bharatividyaapeeth.edu>

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Email: [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

Date – 28/03/2025

**AWARENESS TALK AT SAMVEDHANA OLD AGE  
HOME**

ROLL NO.	STUDENT'S NAME
1	AHER PRUTHVIRAJ JAYSING
2	ALOLI ATHARVA BHIMRAO
3	ALTEKAR SUJAL SANJAY
4	AUNDHKAR VARAD YUVRAJ
5	BANDAL DIKSHA YOGESH
6	BAPAT AMOD PARAG
7	BHOKARE MRUNAL MINANATH
8	BIRADAR ADITYA MALLIKARJUN
9	CHAUDHARI SHIVLING DATTATRAY
10	DALVI ADITI UDAY
11	DEVAKATE ATHARVA ADHIKRAO
12	DHADWAD SURAJ RAVINDRA
13	GAVADE SANKALPANA KRUSHNDEV
14	GURAV PRANAV RAJENDRA
15	HALAKE VAISHNAVI VIJAY
16	HUWALE AMRAPALI ANKUSH
17	INGLE SNEHA SURYAJIT
18	IRALE SANIYA SANDIP
19	JAIN GAURAV NITIN
20	JOSHI SOHAM DHANANJAY
21	JOSHI VEDIKA RAMKISHOR
22	KADAM ISHITA AMOL
23	KALE KUNAL LAXMAN
24	KHOSE VAIBHAVI PRATAP
25	KORE AMOL ANNASAHEB
26	KUDALE SANDESH SUDHIR
27	LABADE SNEHAL SHAHAJI
28	LAMKANE MAYUR LAXMAN

Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269

Email : [sopt\\_sangli@bharatividyaapeeth.edu](mailto:sopt_sangli@bharatividyaapeeth.edu)

Website : <http://soptsangli.bharatividyaapeeth.edu>



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### SCHOOL OF PHYSIOTHERAPY, SANGLI

29	LOKHANDE SRUSHTI MALHARI
30	MARJE SANSKRUTI SANJAY
31	MASAL VAISHNAVI VILAS
32	MHAPSEKAR BHOOMI NANDU
33	MUJAWAR TASDIKA DILAWAR
34	MUNSE VAISHNAVI VIJAY
35	PARTHE DIYA SHANKAR
36	PATAIT ANAS MUDDASIR
37	PATIL VAIBHAVI DAYANAND
38	PAWAR ASHLESHA UMAKANT
39	POKALE MITALI UMESH
40	RODE SAKSHI DATTATRAY
41	RUKADIKAR JANHAVI HEMCHANDRA
42	SALUNKHE SANTOSH SANJAY
43	SANKPAL SHRAVANI SUNIL
44	SAYYAD MOHAMMAD SAAD SHAFIULLA
45	SHAIKH AYESHA ALTAF
46	SHARIKMASLAT ASADULLAH HUSEN
47	SHINDE SHREYA SANJIVKUMAR
48	SHINDE SIDDHI CHANDRAKANT
49	SNEHA KUMARI
50	SOHANI SAI ABHIJIT
51	SULEMAN IQBAL BAGWAN
52	SUTAR SANSKAR DHONDIRAM
53	ZENDE DEEPANJALI RAMDAS
54	SHINDE ASHISH GORAKH



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55	AMBEKAR ADITYA GANESH
56	ANGAJ RIYA PRAKASH
57	AWASARKAR KASTURI KIRAN
58	BHALERAO SAKSHI BALSHIRAM
59	BHATTAD NITYA LAXMIKANT
60	BHOJANI REHMAT MOHOMADBAKAR
61	CHINCHKAR GAYATRI SANJEEVKUMAR
62	DHAVANE TANISHA PRABHAKAR
63	DIGHE VEDIKA BHAUSAHEB
64	GOGAVALE OM SUBHASH
65	HAJARE VYANKTESH SANJAY
66	HAKE SHARYU MARUTI
67	INAMDAR ARSHIYA MOHAMMAD
68	JADHAV ONKAR SATISH
69	JADHAV SHRADHA HAVIL
70	JAGTAP ISHWARI MUKUND
71	JAMADADE SUMIT VIRENDRA
72	JAMANE ADITYA ANIL
73	KADAM MADHURA GANESH
74	KALE AYUSHMA RAJENDRA
75	KAMBLE SHREYAS SHASHIKANT
76	KANTODE MRUNALI RAJENDRA
77	KATKAR VEDANTIKA RAVINDRA



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78	KAVADE VISHAKHA RAJESH
79	KELGANE MANSI ANKUSH
80	KESARE VAIBHAVI RAVINDRA
81	KHADILKAR SMRUTI MAYUR
82	KULKARNI SAISH SANDEEP
83	LANDAGE SHRUTI ANIL
84	MAHADIK SHUBHAM PRAVIN
85	MANGALWARE MOHAMMADALI YUNUS
86	MARGAL AAKANKSHA VITTHAL
87	MASALI ZUHA ASLAM
88	NAIK SANSKRUTI RAMCHANDRA
89	NAIK SRUSHTI ISHWAR
90	NAIKWADI DIPALI NAMDEV
91	NALE BHAKTI KRISHNA
92	PARLEKAR NITYASHREE SAMPATRAO
93	PATIL ATHARV POPAT
94	PATIL MAYURESH SANJAY
95	PATIL VEDIKA MOHAN
96	PAWAR PRATHAMESH MACHHINDRA
97	PAWAR RIYA RAVINDRA
98	PHADNIS AYUSH NITIN
99	RANMALE GAURAV KIRAN
100	RAUT VAIBHAV DATTATRAYA



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101	SALUNKHE SHIVTEJA DHAIRYASHIEEL
102	SAMAL DHARITRI PRAMODKUMAR
103	SHAH DEEPTI NIPUL
104	SHELKE SATYAM VIKRAM
105	SHINDE PRATIK BAPU
106	SHINDE SAKSHI PRAVIN
107	SHINDE SHREYAS KIRAN
108	SINHA RUPALI HARENDRA
109	TIRTHAKAR PRADNYA DAYANAND
110	VATHARE KARAN SURESH
111	WALKE DNYANESHWARI RAJENDRA
112	YADAV HIMANI DHANIRAM
113	YAMGAR PRACHI NARAYAN
114	YAWALKAR YASH SOMESHWAR
115	BAGADE SHRADDHA DILIP
116	NARWADE PAYAL VILASRAO
117	PATIL SANIKA PRAVIN
118	KHAN ABDURRAHIM ABDULREHMAN
119	PAWAR SHUBHAM RAJKUMAR
120	CHAVAN ABHISHEK SUNIL
121	YADAV ADITYA DASHARATH
122	JAGADALE HARSHA WARDHAN SANTOSH
123	KADAM SHARVARI KISHOR



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124	JADHAV GIANINA SACHINDRA
125	MOHITE JAYKUMAR MOHAN
126	BANGI AMINA NADIM
127	BHADAVANKAR DIYA SUNIL
128	DABADE NIKITA AMAR
129	DESHPANDE ARYAN AMRUT
130	DOSHI JHALAK ALPESH
131	DOSHI NIRJARA VIRKUMAR
132	FARAKATE PRIYANSHU AMAR
133	GAJANNAVAR HARSHAD SANJAY
134	GURAV SOHAM BABASAHEB
135	JADHAV SONALI DILIP
136	JADHAV TANVI SANDEEP
137	KADU SHRADDHA SANJAY
138	KAGWADE PAARUL SANJAY
139	KALE VISHAKHA VIJAY
140	KAMBLE SURAJ SUDHIR
141	KARMALKAR ARPITA PRASHANT
142	KASHID TANMAY DATTATRAYA
143	KHADATARE SEJAL SANJAY
144	KHADILKAR SIDDHARTH MAKARAND
145	KHARKANDE SHARDUL SANDEEP
146	KULKARNI SARTHAK NITIN



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147	KULKARNI SAYALI PRASAD
148	KUMBHAR SAMRUDHI SANDEEP
149	KUSNALE INDRAJIT SANJAY
150	LATKAR POOJA BHADRAYU
151	MADIWAL HRISHITA AMOL
152	MAHAJAN MOKSHA SHAILESH
153	MANE KRANTI MAHADEV
154	MUSHRIF MOIN ASLAM
155	MUNDE ADITI WASUDEO
156	PANDHARE PRANAY PRAVIN
157	PARIT POOJA SACHIN
158	PARKAR FATIMA ASIF
159	PATIL RIDDHI PRAVIN
160	PATIL SANIKA ARUN
161	PATIL VAISHNAVI PRAKASH
162	PAWALE PRATIKSHA SANJAY
163	PAWAR SAKSHI MAHESH
164	PAWAR SHRUTI SHRIKANT
165	POTDAR SHUBHANGI SHIVDAS
166	PUNWATKAR VARUN ANIL
167	SARKALE ADITYA AMOD
168	SHAH TANISHA PRASHANT
169	SHINDE SAKSHI PRASAD



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170	SURYAWANSHI SAKSHI RAMESH
171	TAKANE PRADNYA RAJENDRA
172	TAMBOLI DIYA RAFIK
173	YADAV PRADYUMNA DEVKUMAR
174	DESAI AISHWARYA ANANDRAO
175	KAMBLE PRATEET PRADEEP
176	RAVAL AKANKSHA VIJAY
177	LANJEKAR ANISHA AJAY
178	VASA METWI MEHUL
179	PATIL MAHESHWARI MAHESH
180	CHAVAN RAJKUNWAR PRADEEP
181	DAVARI KANAK SANJAY
182	BHOSALE SANKET SUBHASH
183	CHAVAN NEHA PRAVIN
184	AGEWAN AFTAB HARUN
185	AHI YASH PRADEEP
186	CHOTHE ISHWARI MAHESH
187	APTE SNEHA SANDEEP
188	DESHMUKH AARYA SATISH
189	GURAV SHRAVANI SANJAYKUMAR
190	KALE AYUSH BHUSHAN
191	KALSULE TANUJA SANDIPAN
192	KAMBLE SANSKRUTI ANGAD



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193	KAPARE JAIEE SANJAY
194	KITTURE PRACHI CHANDRAKANT
195	MAHAPURE REBECCA DATTA
196	MALI SAKSHI AMOL
197	BHOSALE MRUNMAI JITENDRA
198	MANGALE GAURAV SANJEEV
199	MOHITE MRUNALI SUNIL
200	MOHITE SAKSHI SHEKHAR
201	MORE DIKSHA JAYWANT
202	MULIK JAGRUTI NITIN
203	MULIK SAKSHI ASHOK
204	CHAVAN SAMRUDDHI SANDIP
205	MANE MANJIRI SANJIV
206	PATIL SHIVENDRA PRAMOD
207	PATIL VISHWATEJ ATUL
208	PIRJADE SANA KADARPASHA
209	RAJOBHA KETAKI ASHISH
210	SAHANI KUSHAGRAH SAILESH
211	TANPURE SHIVANI MAHENDRAKUMAR
212	SHAH ISHA SAHIL
213	SHAIKH ASIM BAPUBHAI
214	SHINDE PURNIMA MAHESH

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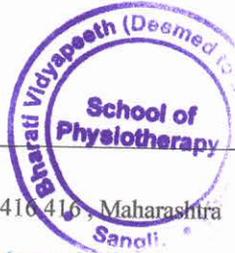
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215	SONAWANE SOURABH JAYANAND
216	PATIL PREM SANJAY
217	SURYAWANSHI MRUDULA ARUN
218	YESKAR JANVI RAMCHANDRA
219	NIRGUDE DIPIKA BHAGWATRAO
220	BHEDA KEVAL RAJESH
221	KURLE SRUSHTI SURESH
222	SALUNKHE HINDAVI PANDURANG
223	NIPANE SHREYA SUDHIR
224	THOMBARE GAURI BALASAHEB
225	SURVE SHRUSTI DUSHYANT
226	KULKARNI CHINMAYEE GOVIND



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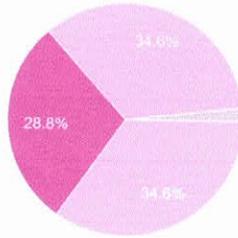
## SCHOOL OF PHYSIOTHERAPY, SANGLI

Name of the Event: Awareness talk at Samvedana Old Age Home

Date: 03/0/2024

1. How would you rate the overview of the event.

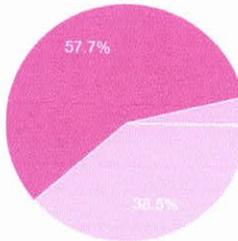
52 responses



● Excellent  
● Very good  
● Good  
● Fair  
● Poor

2. How would you rate the interaction between you and the speaker

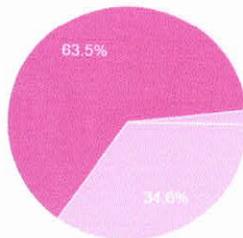
52 responses



● Excellent  
● Good  
● Fair  
● Poor

3. How would you rate the arrangements of the event

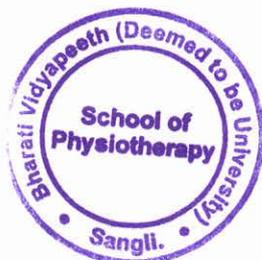
52 responses

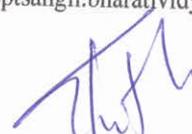


● Excellent  
● Good  
● Fair  
● Poor

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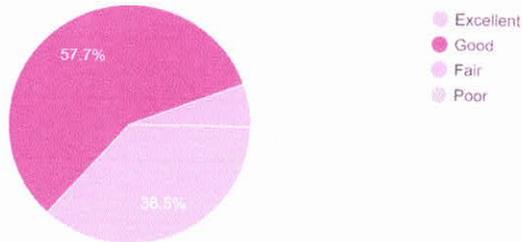


  
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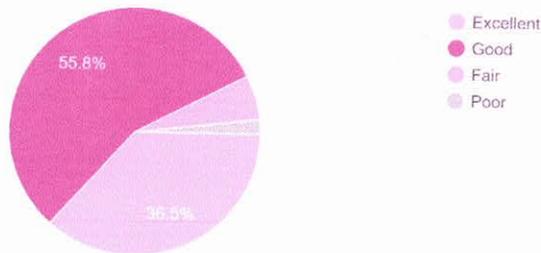


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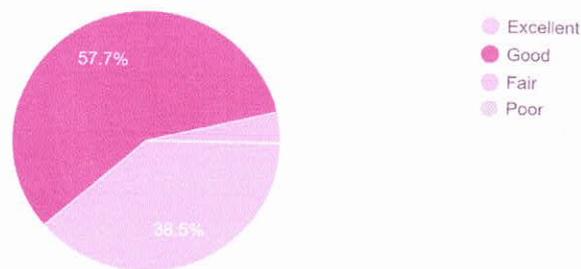
4. How would you rate the success of the event  
52 responses



5. How would you rate content and quality of event  
52 responses

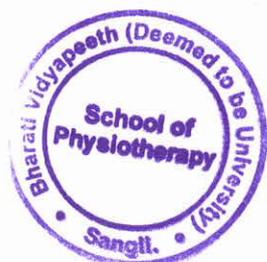


6. How would you rate queries answered by the speaker  
52 responses



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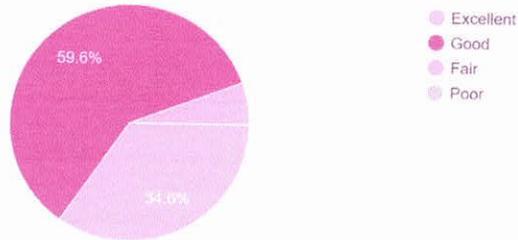


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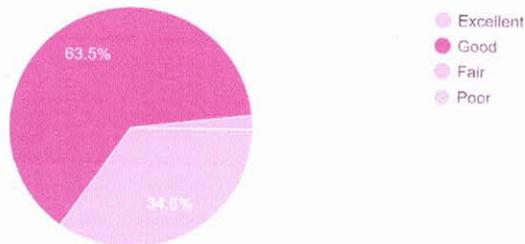


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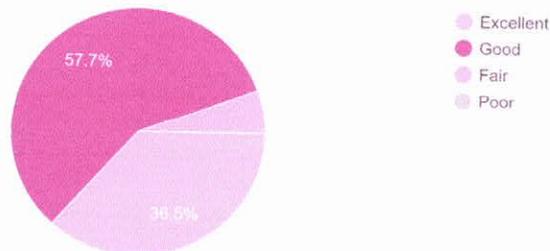
7. How would you rate the preparations of the speakers  
52 responses



8. How would you rate the knowledge obtained from event.  
52 responses

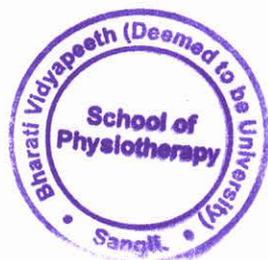


9. please write three words/ expression which describe event.  
52 responses



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